



## EXPERTISE

Maryland Licensed Acupuncturist

## INTRODUCTION

Kathy is a private practitioner in Acupuncture. She is a Master's Degree from China in Chinese Medicine and Acupuncture, and is licensed in Maryland to perform acupuncture.

Acupuncture stimulates the body's natural healing ability, provides pain relief, and promotes physical + emotional well-being. Channels of energy run in regular patterns through the body and over its surface. These energy channels, called meridians, are like rivers flowing through the body and nourish the tissue. An obstruction in the movement of these energy rivers is like a dam that blocks up. Acupuncture unblocks the obstructions at the dam and reestablishes regular flow through maridians. Therefore, acupuncture treatment can help the body's internal organs to correct imbalances in digestion, energy production, and in the circulation of their energy through the maridians.

Acupuncture therapy can help with:

Pain Syndrome : Treatment of Severe and Chronic Pain; Neck, Upper Back, Lower Back, Butt Lock, Leg/Arm, Shoulder, Joints; Migraine Headache, Herniated Disc, Sciatica, Arthritis/Bursitis/Tendinitis	Chronic Digestive Disorder, Constipation, and Irritable Bowel Syndrome
Gynecological Disease : Menopause Syndrome and Infertility	Allergies, Sinusitis, and Asthma
Accidental and/or After-Stroke Rehabilitation	Stress, Depression, and Anxiety
Idiopathic Facial Paralysis : Facial Paralysis / Facial Pain	Poor Blood Circulation
Hypertension and Palpitation	Insomnia and Chronic Fatigue
Diabetes	Beauty Treatment
Weight Loss	Fibromyalgia

## SERVICES OFFERED

- Acupuncture (Traditional)
- Acupuncture with E-stim
- Hot Cupping
- Suction Cupping
- Infra-red Heat Lamp Therapy
- Moxibustion
- Gua Sha

- Tui-na
- Ear-Acupressure
- Herbal Patch / Heat Patch Therapy

**MAKE AN APPOINTMENT**

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